

AFTER AN ACTIVE DAY ON THE MOUNTAINS RELAX YOUR MUSCLES AND UNWIND WITH A TREATMENT IN THE LODGE SPA.

FACE

Le Grand Classique

75mins-170CHF

Yon-ka's exclusive treatment, deep cleansing, restoring and refining. This relaxing facial is tailored to your skin type and need, using a variety of botanical extracts for a healthy and radiant complexion.

Éclat Cocoon

60 mins – 180CHF

A treatment of pure decadence and well-being. Two masks and two massages, incorporating hot stones and soft velvety textures provide enhanced radiance and hydration.

Hydralesence Visage

60mins- 160CHF

A deeply hydrating facial using plant and fruit extracts to smooth and soften the skin allowing its natural radiance to show through.

Optimizer

75mins-190CHF

Anti-aging facial using a series of stimulating and anti-wrinkle techniques for intensive lifting and firming results.

Éclat Contour

30mins-80CHF

Specialised eye treatment that will regenerate, drain and firm this delicate and neglected area. For maximum benefit this treatment is best combined with one of the above facials.

FOR HIM

Sensational Shave

45mins- 140CHF

The ultimate treatment for men: A close shave using hot and cold towels to soften the hair and sooth the skin, followed by a relaxing face and scalp massage.

Skin Fitness

60mins- 160CHF

A made to measure deep cleanse and detox facial. The skin cleansing phase is followed with a long relaxing aromatic massage. Ideal for stressed, imbalanced or city skins.

BODY

Aromatherapy Associates are leaders in the world of Aromatherapy using natural ingredients to improve the skin's appearance and bringing the mind and body into balance. To continue the effects of your Aromatherapy treatment at home, we have a selection of Bath and Shower oils to suit your mood.

SCRUB AND WRAP TREATMENT

Intensive Nourishment

90 min – 200CHF

A deep treatment for dry, devitalised skin, to leave the whole body intensely nourished and smooth. Includes a scrub, followed by the layering of hydrating marine algae and a velvety moisturising body butter.

Body Refiner

75 min – 170CHF

A toning and slimming treatment to refine the body contours and eliminate excess fluids, leaving a slimmer silhouette and smoother skin.

Detox and Revive

60 min – 150CHF

Perfect for times of over-indulgence or when you're just feeling a little sluggish, this treatment combines zesty citrus oils to leave you feeling invigorated and full of energy.

Rose Hydrator

60 min -150CHF

This intensely hydrating treatment includes the layering of rich rose serum, oil and cream, leaving your body radiant, soft and smooth and your spirits bright and uplifted.

SUNLESS TANNING

Auto Bronzant

45 min -140CHF

Sunless Tanning. A gentle exfoliation using finely ground Olive pits prepares the skin for an even application of Yonka's tanning milk for a natural and healthy glow.

MASSAGE

Aromatherapy Massage

A combination of specialised massage techniques using Aromatherapy Associates pre-blended oils. This treatment releases tension held in every part of your body leaving you feeling deeply relaxed and recharged.

Face and scalp massage

20 min – 60CHF

Back, neck and shoulder

30 min – 80CHF

Full body massage

60 min – 160CHF

Full body, face and scalp massage

90 min – 200CHF

YONKA BODY

Ambre Candle Massage

60 min – 170CHF

A soothing candle massage treatment. A wax-free formulation, the candle contains a blend of shea butter and mango butter, rich in vitamin E to help prevent the skin from ageing. The candle melts into a smooth balm to soften, repair and nourish the surface of the skin. To continue the benefits of the blended butter balm, with every massage you will receive the Ambre candle used for your massage to take with you and enjoy in the comfort of your own home.

THERMO-THERAPY

Massaging with both hot and cold basalt stones has been used in ancient China, India and by Native American Indians for centuries. Alternating the temperatures of the stones will literally melt away any tension and re-energize the mind, body and soul.

Original Body

75 min – 170CHF

This is a truly luxurious full body massage using basalt and marble stones to achieve the body's perfect balance. A flowing river of stones gently connects with your energy centres whilst warming and nurturing the soul.

Back Bliss

45 min – 120CHF

Loosen up the muscles of the back, neck & shoulders and feel the cold stones melt away the tension in the shoulders and lower back.

Castle Building

45 min – 90CHF

Sometimes simplicity is what is called for. This gently relaxing, oil free treatment uses the medium of stones to envelop the body encouraging the release of blocked energy channels, promoting wellbeing for the mind, body and soul. For total relaxation this treatment can be combined with one of our Yonka Facial treatments.

SKI STONE

Wake up

30 min- 80CHF

The aim of this treatment is to increase mobility and wake up the circulation helping to fuel the muscles and relieve stiffness in preparation for the day ahead. This treatment focuses on the legs.

Après Ski

30min- 80CHF

Designed to help stretch out the muscles after a day on the slopes using a combination of warm and cool stones. Aimed at removing lactic acid, relaxing the body and preventing the onset of muscle soreness. Treatment can be personalised to work on areas of concern.

RELIEF FOR THE HANDS & FEET

Luxury Pedicure

60 min-100CHF

Paradise for the feet... After a long day on your feet, indulge them with some of nature's most soothing botanicals to restore soles with refreshing and re-energising properties.

Luxury Manicure

45 min-90CHF

A luxurious step to more beautiful hands. Using a system that exfoliates, revitalises, renews and protects the hands.

Renew

30 min-45CHF

A basic tidy up for the fingers or toes, with your choice of conditioning OPI nail colour to finish.

PERFECTSENSE PARAFFIN TREATMENT

Perfect Pedicure

75 min-130CHF

Experience all the wonderful benefit from your luxury pedicure combined with the intensively nourishing foot treatment. Provides exceptional hydration and protection from dryness, cracking, soreness and irritation.

Perfect Manicure

60 min-120CHF

Your luxury manicure with the warmth of a vitamin filled paraffin to help increase circulation and combat sun damage, whilst providing nutrients vital to a healthy, vibrant skin.

'The Perfect Partner'

Add 15min onto your treatment -CHF 40

Complement any facial with a perfect sense paraffin wax treatment for the hands or feet to nourish, rejuvenate and soften the skin. Great for poor circulation.

ESSENTIALS

Waxing

Full leg	45 min	80CHF
Half leg	30 min	50CHF
Bikini	15 min	30CHF
Underarm	10 min	25CHF
Facial	15 min	20CHF
Chest or back	30 min	70CHF

Eyes

Brow shape	20 min	20CHF	Lash tint	20 min	25CHF
Brow tint	15 min	25CHF	Lash & brow tint	30 min	40CHF

NB: Patch tests are required for all eyelash and brow tints at least 24 hours prior to treatment



GENERAL INFORMATION

- Please use the hot tub, Jacuzzi and pool at your leisure.
- You can book your treatment before you arrive by contacting Reservations or at The Lodge by speaking to our therapist or any member of staff.
- Treatments are not included in the normal rates and are priced in Swiss Francs. Please note that prices are subject to change without notice.
- If you are unable to make your appointment for any reason please let one of our team members know the day before. A 100% cancellation charge will apply for any appointments cancelled on the same day.
- Treatment times shown indicate total booked time. Your treatment will finish five minutes short of this time so that your therapist can prepare for the next client. Please be on time for your appointment as during busy periods minutes missed due to a late arrival cannot be added to the end of a treatment.



VIRGIN UNITE

Virgin Unite is the Virgin Group's charitable arm, engaging in a wide range of projects around the globe. Some of the initiatives include work to improve the conditions of people living locally to The Lodge's sister properties Kasbah Tamadot in Morocco and Ulusaba Private Game Reserve in South Africa. You can find out more by visiting the Virgin Limited Edition blog, www.virginlimitededition.com/vlog.

In aid of this charity, we have devised a series of treatments whereby 15% of the money raised helps to raise funds for these worth causes. Please ask our spa therapist for details.

Let your body experience Natures Elements.....

Fire

45 mins - CHF 100

Let the warmth radiate through the body- from the tips of your fingers to the tips of your toes. Feel the soft wax Cocoon the hands and feet, whilst you drift away in the relaxation of a scalp massage.

Earth

30 mins - CHF 90

Ground your self and give your feet a little pampering they deserve. Feel the warm stones lie beneath the soles of your feet, and let them be enriched with a totally indulgent foot massage.

Water

45mins - CHF 130

Re-hydrate the skin from life's external elements. Using a blend of balancing plant extracts to nourish the skin to a soft and supple feel, this facial is a must for dehydrated skin.

Ice

45 Mins - CHF 120

Melt away the tensions of everyday life with a relaxing back, neck and shoulder massage finished with a blast of cold stones- Helping to drain away the build up of toxins and relieve tight muscles.